

Tongue tie

Disclaimer:
Read the disclaimer at medimaps.co.uk/disclaimer

References:
1. Tongue tie nurse specialist, Walsall, Oct 2017

- Only needs intervention if causing feeding problem.
- No anaesthetic is needed (it delays healing).
- Done up to 4/12 age by a specialist nurse.
- After that age refer to specialist.

- Search for local specialist who is a practitioner on the Association of Tongue Tie:
www.tongue-tie.org.uk

Refer to breast feeding group EVEN if bottle feeding.

- They will complete an assessment to determine if needs onward referral to the specialist nurse or not.
- The specialist nurse visits these clinics herself for those referred.