

Pityriasis versicolor

- Common infection of the skin caused by the yeast Pityrosporum ovale.

Disclaimer:
Read the disclaimer at medimaps.co.uk/disclaimer

References:
1. PCDS.org.uk
2. Dermatology consultant Walsall Alliance Federation Mar 2018

Images from Primary care dermatology society website pcds.org.uk

Symptoms

- Asymptomatic.
- Or
- Slight itch.
- Fine scaling.
- Hypopigmentation.



mildly contagious e.g. via towels.

Management

clotrimazole BD for 2/52. but if large area use shampoo i.e. ketoconazole/selenium shampoo. once or twice weekly for 6 months to reduce recurrence. never use oral antifungal. depigmentation can take years to clear. ??? difference between needed treatment and the hypopigmentation. = []

- Make in to a lather.
- Leave on affected areas of skin for ten minutes.
- Wash off.

Itraconazole 200mg OD for 1/52

Ketoconazole shampoo once every 2-4/52 for 6/12

- Can use > 2yr.