

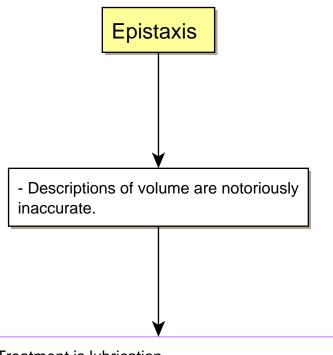
Nose pathologies

Disclaimer:

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References:

- 1. Mr Steve Frampton consultant ENT Best Practice Oct 2020
- 2. ENT consultant ABMA webinar Mar 2021.



- Treatment is lubrication.
- Apply to the inside wall of the nare i.e. opposite the septum wall and then gently press the nare to spread the lubricant onto he septum.
- So can use Naseptin BD for 8/52.
- If run out of it, can simply use vasaline.
- Is equivalent to cautery (cautery can cause damage, and should only be done if acute bleed or in last 1/52).
- Gently blow bubbles through nose in water a few hours afterwards to clear out the crust and clots.
- Beware: if profuse bleeding in young boy think of angiofibroma (won't see it in 1o care).
 Refer to ENT.
- Beware: if profuse unilateral bleeding in adult = 2ww.

