

## Hernia (child)

**Disclaimer:**

Read the disclaimer at [medimaps.co.uk/disclaimer](https://medimaps.co.uk/disclaimer)

**References:**

1. BMJ Learning Dr Ian Wacogne, Consultant General Paediatrics at Birmingham Children s Hospital.
2. patient.co.uk
3. Great Ormand Street Hospital
4. Paediatric consultant webinar June 2023.

### Inguinal hernia

- Refer urgently to surgeons.
- Hx of lump appearing and disappearing is enough. No USS needed.
- Will operate very soon.
- 16% risk of strangulation.
- If becomes red or hard need urgent review i.e. go STAT to A&E.

### Umbilical hernia

<1cm diameter

- Nearly always closes without treatment by 5y.
- Surgeon will NOT operate on them.
- Do not cause problems.

>1.5cm diameter  
OR  
>4y

- Usually requires repair although a significant proportion can resolve.
- Refer to surgeons as routine.
- Is done for cosmetic reasons as not nice to have hige 'outie' when go to school.
- 'I've worked in childrens emergency department for 30 yrs and seen ONE complication with umbilical hernias' i.e. is not dangerous.

### Epigastric hernia

- Only operated if causing pain or stopping normal daily activities.