

# Acromegaly

Disclaimer:  
Read the disclaimer at [medimaps.co.uk/disclaimer](http://medimaps.co.uk/disclaimer)

References:  
1. RCGP lecture, Sept 2016.

## Symptoms

- Headaches.
- Visual field defects.
- Enlargement of hands and feet.
- Frontal bossing.
- Macroglossia.
- Sweating.
- Widespread osteoarthritis, back pain and kyphosis.
- Carpal tunnel syndrome.
- Hypertension.
- Left ventricular hypertrophy, cardiomyopathy.

## Investigations

- Insulin like Growth Factor - 1 (IGF1)

normal

raised

- Very unlikely to have acromegaly.

- Refer to endocrinology.