

Faltering growth

Disclaimer:

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References:

1. Paediatric dietician lecture, Alliance Federation, Walsall July 2018.

Symptoms

- 1) Fall across ≥ 1 weight centiles if birth weight was below 9th centile.
- 2) Fall across ≥ 2 or more weight centile if birth weight was between 9th and 91st centile.
- 3) Fall across ≥ 3 or more weight centile if birth weight was above 91st centile.
- 4) Current weight is below the 2nd centile for age whatever the birth weight.
- 5) Refer to dietician in length/height or weight below 0.4th centile.

- Refer to dietician AND paediatrician.

add following details
to referral

- Mid parental centile.
- Length.
- Weight.
- Food diary.
- Symptom diary.
- Parenting practices.

- At 6/12 corrected age AND if growing well, switch from stage 1 to stage 2 formula
- e.g. nutripem (is halal) 1 to nutripem 2
- e.g. SMA gold prem 1 to SMA gold prem 2.

- Corrected age = if was 1/12 premature, then at 7/12 age they are actually at the corrected age of 6/12.